

## CO2 Pre Care Instructions

- Avoid sun exposure for at least 2 weeks prior to your CO2 treatment. Discontinuing using any tanning solutions 3 weeks before your scheduled treatment.
- Stop applying any exfoliating or resurfacing skin products with active ingredients, such as retinoid and AHA's 3 days prior to treatment.
- Should you have a history of cold sores, take prophylactic anti-viral medications the morning of your treatment to help prevent flares as prescribed by your provider
- Bring in the prescribed pain and or anti-anxiety medication to your appointment - Medical Assistant will instruct you in the room when it is time to take the medication. Patient must have a driver if they take anxiety or pain medicines or both.
- Arrive on time for your laser treatment. (Consent, pics, numbing, meds instructions)
- If needed, bring your eye glasses. Contact lenses should be removed prior to treatment.
- Wear comfortable, loose fitting clothes and shoes, you may bring a hat.