

Microneedling (penning) Pre-Treatment Care

Avoid using irritating skin care products, such as strong retinoids or exfoliants, which may cause redness or inflammation several days prior to treatment.

Avoid being tan prior to your procedure. This can increase the chance is discoloration in the skin when healing. We recommend wearing SPF 30+ daily and or sun protective clothing over ares to be treated.

Let your provider know if you are prone to cold sores around the mouth. If so, they will give you a prescription for an antiviral medication to prevent an outbreak. Start taking your prescription the day before your treatment.

An Aftercare sheet will be provided for you at the time of your treatment. Expect to have a sunburn like feeling in the treated area for several hours after. The treated area will also be mild to moderately red for 1-3 days after

Of course, call us with any questions or concerns. 415-887-9758