

Botox, Dysport, Xeomin

Neuromodulators are non-surgical, physician-administered cosmetic treatments for moderate to severe frown lines between the brows. They work by reducing the contractions of the muscles that cause those persistent frown lines and other wrinkles which have developed over time.

When small amounts of purified botulinum toxin are injected into the muscle, weakness of the muscles will occur. Weakness does not usually start for 2 days and is at its maximum effect in 2 weeks. Usually this effect will last for three to four months.

POST-PROCEDURE CARE

Remain in an upright position for 4 hours after injection (no naps or yoga immediately afterwards)

Do NOT massage the area where injections were done for 2 hours

Do NOT participate in vigorous exercise on the day of treatment

Ideally, you can keep the skin clean and free from makeup for the day. This is not mandatory but is preferable.

It is advised to refrain from taking aspirin, ibuprofen, ginkgo biloba, ginseng, flax oil, cod liver oil, fish oil, vitamin A, or vitamin E for one week before and on the day of treatment, to reduce the likelihood of bruising. You may still receive treatment if you have taken these medications, but there is an increased chance of bruising.

Oral and topical Arnica Montana (homeopathic) may reduce swelling and bruising. SMD stocks high quality Arnica, so ask to purchase some if you are nervous about bruising.

After 2 weeks, you will notice the wrinkles have been reduced in the treated areas. If you have any asymmetry or imbalance, please call & schedule an evaluation. We want and expect you to have a beautiful, natural and balanced result.