

## Sclerotherapy

Following your treatment, you may experience pain, swelling, and redness for the first several days.

You must wear compression hose for 7-10 days after the procedure.

Elevate the legs when possible.

Avoid vigorous exercise for 1 week after the procedure.

Avoid hot tubs, saunas, warm baths and sunbathing for 2 to 3 days.

Expect bruising that can last several weeks but will fade as the treated areas fully heal.

More than 1 treatment, at least 6 weeks apart, is generally needed depending on the quantity and severity of the spider veins

Congrats, you are on your way to even, beautiful skin!

Of course, call us with any questions or concerns. (415) 887-9763