Ultherapy Pre Care Instructions:

- Follow your regular skin care routine (no special instructions here– you may use any exfoliating including retinoids products) but remember to avoid lasers, injectables or other facial treatments 2 weeks prior to your Ultherapy treatment.
- Bring in the prescribed pain medication to your appointment Medical Assistant will instruct you in the room when it is time to take the medication. Patient must have a driver if they take anxiety or pain medicines or both.
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- Arrive on time for ultherapy treatment (consent, pics, numbing, meds instructions).
- Wear comfortable, loose fitting clothes and shoes.