Fraxel Dual Laser

Pre Care Instructions

Avoid sun exposure for at least 2 weeks prior to your Fraxel treatment.

Discontinue using any tanning solutions 3 weeks before your scheduled treatment.

Stop applying any exfoliating or resurfacing skin products with active ingredients, such as retinoid and AHA’s 3 days prior to treatment.

If recommended by your provider, pre-treat the area with Hydroquinone solution for 2 weeks prior to the treatment.

If prescribed by your provider, begin taking prophylactic anti-viral medications the day prior to your treatment to help prevent flares of cold sore herpes virus.

If prescribed by your provider, bring in the prescribed pain and or anti-anxiety medication to your appointment. The Medical Assistant will instruct you in the room when it is time to take the medication. Reminder, you must have a driver if you take anxiety or pain medicines or both.

Arrive on time for your laser treatment. Consent, photos, numbing, medication and wound care instructions will be revisited with you once you arrive.

If needed, bring your eye glasses. Contact lenses should be removed prior to treatment.

Wear comfortable, loose fitting clothes with a button up or zipped top (no over-the-head tops), and comfortable shoes. Please remember to bring a hat.

You will be using gentle skincare 2-4 weeks following your procedure to avoid any irritation as well as promote healing.